

The Philadelphia Jung Institute

Syllabus for Analysts in Training 2018 – 2019

All colloquia for analysts in training with the Philadelphia Jung Institute are held at <u>The Friends Center</u>, 1501 Cherry Street, Philadelphia PA 19102 Philadelphia, PA. Analysts in training join the Philadelphia Jung Seminar for the Saturday presentation from 9:00AM to 4:00PM. Refer to the <u>Philadelphia Jung Seminar syllabus</u> for those details.

Fall Semester

Friday, September 7, 2018 Friday, October 5, 2018 Friday, November 2, 2018 Friday, December 7, 2018

Didactic Colloquium: 9AM to Noon

The Relation between the Ego and the Self

Julie Bondanza, Ph.D.

In this four-session course we will discuss the relationship between the ego and the Self. Much of the course will by its nature be didactic, although candidates will be required to develop questions on the basis of the readings. Candidates will be required to hand-in their questions at the beginning of each class.

Friday, September 7, 2018 Friday, October 5, 2018

The Ego Complex: Its Origin and Development

Topics to be discussed:

- •The development of the ego out of the Self
- •The ego as complex and as the center of consciousness
- •Ego development—Jungian concepts and comparison with theorists outside of Jungian thinking.

Readings:

C.G. Jung: *The Symbolic Life.* CW vol. 18, pp. 11-24.

C.G. Jung: Aion: Researches into the Phenomenology of the Self, CW vol. 9ii, pp. 3-7

W. Edinger: *Ego and Archetype* pp. 3-7.

E.C. Whitmont: The Symbolic Quest. Use the index to read about the ego complex and

development. Also read chapter 17.

E. Neumann: The Origin and History of Consciousness.

Friday, November 2, 2018

The Relation Between the Ego and the Self

Topics to be discussed:

- •The inflated ego
- •The alienated ego
- •Encounter with the Self
- •The transcendent function

Readings:

C.G. Jung: *Two Essays on Analytic Psychology*, CW vol. 7, pp. 127-173. C.G. Jung: *The Structure and Dynamics of the Psyche*, vol. 8, pp. 131-193.

E. Edinger: *Ego and Archetype*, pp.1-96.

Friday, December 8, 2018

The Distressed Ego

Topics to be discussed:

- •The distressed ego and how it develops
- Psychopathological outcomes

Readings:

E. Neumann. The Child.

J. West and N. Dougherty, *The Matrix and Meaning of Character*.

Case Colloquium: 1PM to 5PM

Case Colloquium

Robert Sheavly, LICSW, DCSW

The case colloquium provides a dedicated, supportive opportunity to apply Jungian theory to your clinical work. Please come to the first seminar prepared to discuss a case. Although there is no, "one right way", the case presentation outline on the following page provides a good starting point.

Please include also:

- •Your assessment of the analysand's strengths.
- •What attracts you to this analysand? Why do you like this analysand? Do you find yourself feeling frustrated (or otherwise "activated") by the analysand?
- •Your assessment of the analysand's character traits.

How you focus on the case is up to you. Consider focusing on a challenge or difficulty you are experiencing, a challenging countertransference, or by writing a *verbatum*. At least twice during the semester I would ask you to include a *verbatum* in your case presentation. While they require work to write up, they are invaluable for learning and skill development. (Please double space and bring copies for your colleagues. Copies will be returned to you at the end of the discussion.)

Case Presentation Guidelines

by Sarah Braun, MD

Selecting a case

Choose a case that you find challenging—where you're confused, stuck or find significant transference/counter-transference energy

Referral source/initial impression

How did you get the referral (colleague, supervisor, current or former client)? How does the source affect you?

What was your instinctual sense of the person when you first met?

Give a physical description of the person.

Diagnostic issues

What presenting problem did the person bring?

What was your preliminary diagnosis? Frame this in Jungian and non-Jungian terms. On what did you base the diagnosis?

Has the diagnosis changed over the course of your work together?

Family history

Relationship to significant others: mother, father, siblings, spouse/partner, children, etc.

Ethnic/religious/cultural background

Any identified traumas or developmental difficulties—body and psyche

Course of therapy so far

What issues have surfaced? How is the working relationship? What sort of resistances have you encountered? Where is the therapy at right now?

Transference and countertransference

What do you know/sense about what the client thinks/feels/fantasizes about you? How do you know this (by direct verbal statements, derivatives from the client's associations, etc.)?

What do you think, feel and fantasize about the client?

Personal complexes

What personal complexes are in the foreground in the work thus far?

Archetypal issues

Have you discerned a teleological direction from the unconscious?

Describe the client's most active archetypal energies (e.g. shadow, contrasexual archetypes, heroic identification, etc.).

What have you discovered about the relationship for this client between the ego and the archetypes, and the ego's relationship to the unconscious?

Are there any archetypal motifs, images, affects that have emerged in the dreams and/or everyday life of the analysand, and/or in the therapeutic field?

For this person, how do the personal and archetypal levels relate to each other?

Developmental status

What aspects of the client's development seem consistent with the person's stage in life? What aspects seem at odds with what you might expect? What psychic forces do you imagine account for the discrepancies?

Dreams

Initial dream: Is it related to your initial diagnostic assessment?

Pick one or two dreams that contain major themes of the therapy.

Pick a dream that you find difficult to understand.

Spring Semester

Friday, February 8, 2019 Friday, March 8, 2019 Friday April 5, 2019 Friday, May 10, 2019

Didactic Colloquium: 9AM to Noon

Jung's Archetypal Psychology within the Clinical Setting

Harry Fogarty, MDiv, PhD, LP

Our focus in these didactic seminars is Jung's method as an "archetypal psychology". What is meant by an archetypal psychology, how does this manifest in our clinical work, what are current understandings of "archetypes": these and other topics will be threads in our discussion. We will read portions of CW 9.1, *The Archetypes and the Collective Unconscious*, as well as selections from contemporary Jungian clinical literature. Two good starting points for our initial meeting are:

- 1. Sonu Shamdasani's Introduction to Jung's Red Book, *Liber Novus*.
- 2. The exchange between Sylvester Wojtkowski and Warren Colman in <u>ARAS Connections:</u> <u>Inage and Archetype, 2018, Issue 2.</u> This dialog builds upon Colman's recent *Act and Image: The Emergence of Symbolic Imagination.*

Assignments

February 8:

In addition to Shamdasani's Introduction and the Exchange between Colman and Wojtkowski, read Section I of CW 9.1. Three articles are in this section: "Archetypes and the Collective Unconscious", "The Concept of the Collective Unconscious" and "Concerning the Archetypes, with Special Reference to the Anima Concept".

March 8:

Read Section II of CW 9.1, one article is in this section: "Psychological Aspects of the Mother Archetype".

Additionally, recommended is James Hillman: *Archetypal Psychology, A Brief Account,* Spring Publications, 1983.

April 5:

Read Section III of CW 9.1, one article is in this section: "Concerning Rebirth".

Additionally, recommended is Joseph Cambray, "Emergence and the Self", pp. 53-66, in Murray Stein, ed., Jungian Psychoanalysis: Working In The Spirit of C.G. Jung, Open Court, 2010

May 10:

Read Section IV of CW 9.1, two articles are in this section: "The Psychology of the Child Archetype" and "The Psychological Aspects of the Kore". And also read Section VI of CW 9.1, the article entitled "Conscious, Unconscious, and Individuation."

Some additional materials will be suggested.

In each meeting we will review both Jung and contemporary authors on these topics AND we shall ground our conversation in our clinical work

Case Colloquium: 1PM to 5PM

Case Colloquium

Sallie Bell, PhD, NCPsyA

Information will follow in the spring from Dr. Bell regarding preparation for the case colloquium with her.