



The Philadelphia Jung Institute
Syllabus for Analysts in Training
2019 – 2020

All colloquia for analysts in training with the Philadelphia Jung Institute are held at The Friends Center, 1501 Cherry Street, Philadelphia PA 19102 Philadelphia, PA. Analysts in training join the Philadelphia Jung Seminar for the Saturday presentation from 9:00AM to 4:00PM. Refer to the Philadelphia Jung Seminar syllabus for those details.

Fall Semester 2019

Fridays

September 13, 2019, October 18, 2019, November 15, 2019, December 13, 2019

Didactic Colloquium: 9AM to Noon

Symbols of Transformation

Mark Dean, MFA, MA, ATR-BC, LPC

In this four-session course we will be exploring Jung's pivotal work, *Symbols of Transformation*, Volume 5 of the Collected Works. Our effort will be the development of an understanding of Jung's approach as it pertains to direct application in analytic practice. Our stance will therefore be less academic than pragmatic. We will approach this work from the perspective of seeing Jung's moves in "Symbols" as paradigmatic of how ego consciousness is altered in its encounter with psychological phenomena and adapts itself to the phenomenology of the psyche. Hence, our emphasis will be on how participants discover this process within their own work in a manner that parallels, rather than imitates, Jung in his exploration of the Miller fantasies.

Friday, September 13, 2019

Topic:

In Volume 5, we see Jung discovering a new psychological paradigm in his encounter with the Miller fantasies. Jung is bringing his prodigious intellect and enormous fund of knowledge to the material and explores it against the backdrop of these resources. We, of course, are situated differently, have different backgrounds, and funds of knowledge to draw upon. Nonetheless, we will explore how our experiences are joined in a paradigmatic sense.

Reading:

C.G. Jung: *Symbols of Transformation*. CW vol. 5, pp. 3-120.

(Supplemental) Christou, E. (2007). *The Logos of the Soul*. Putnam, CT: Spring Publications.

Assignment: Due Sept. 9, 2019

Out of this particular reading please pick a quote or passage that catches your eye, appears highly significant, or perplexes you. Explore your understanding(s) of this quote in light of your own

experience. What does the quote bring up in you with regard to understanding psychological phenomena? Make an attempt to articulate what Jung is driving at and why this is important. It will be helpful if you can ground this in an example but this is not required. (2-4 pages)

Friday, October 18, 2019

Topic:

This section will focus primarily on the symbolic process of transformation in relation to how Jung understands Libido. Libido as described by Jung encompasses far more than as Freud did. Moreover, the conception that Jung utilized drew into play a specific function in consciousness, not only largely ignored by Freud, but also ignored in general by contemporary psychology.

Readings:

C.G. Jung: *Symbols of Transformation*. CW vol. 5, pp. 121-206.

Assignment Due October 14, 2019

From this month's reading, please identify a phrase, a movement, a motif, or concept that Jung is articulating that you can link to a specific element of a case. This may be a snippet of a case interaction, a dream, a transference configuration, or any other phenomenon showing up in your case that you observe as related to, or informed by, Jung's commentary. (2-4 pages).

Friday, November 15, 2019

Reading:

C.G. Jung: *Symbols of Transformation*. CW vol. 5, pp. 207-305

Topic:

Our goal in this session is to begin to bridge the methodology being utilized by Jung in Volume 5 with direct case application. As we continue to explore the trajectory of how Jung is working with the Miller fantasies we want to see our cases as symbolic process in the same way, only experienced through a lens that is more uniquely our own.

Assignment Due November 11, 2019

From either case or personal material please write an essay on the mother motif, rebirth, or both. Please tie your narrative to Jung's material on these themes as outlined in the assigned reading section. This tie in need not be image specific, meaning that Jung's imagery may be quite a bit different than your own, but try to show a thematic or structural linkage between the two either by way of similarity or contrast. (2-6 pages).

Friday, December 13, 2019

Topic:

We are culminating our work with Volume 5, a process through which we may come to realize that the paradigm that Jung utilizes in Volume 5, shows us a subjective process that allows us to objectively observe the psyche. In line with this, we will attempt to extract some principles of what might be called psychological sight, as Jung has demonstrated them in this work. Our focus is to bring together our observations regarding how Jung handled the Miller fantasies and utilized

them as a lens into her psychological reality. We will lay emphasis on how we may do the same with the material that arrives in our consulting rooms.

Reading:

C.G. Jung: *Symbols of Transformation*, CW vol. 5, pp. 306-444

Assignment Due, December

Please select an element from one of your cases and apply some of the core elements contained in volume 5 to the case showing how the motifs within volume 5 pertain to or help to frame the case or the specific element that you selected. These core elements may include any of the major motifs appearing in volume 5: the Hero, the Mother, Rebirth, the Transformation of Libido. What we are looking for is for you to be able to apply either Jung's dominant structural elements (Hero, Mother, Rebirth, and so on...) or his phenomenological approach (concept of libido, transformation of libido, symbolic process, multiplicity of modes of thinking, and so on...) to a case example. (2-6 pages)

Case Colloquium: 1PM to 5PM

Joan Golden-Alexis, PhD

The growth of personality comes out of the unconscious.

—CW 11 ¶390

Only after I familiarized myself with alchemy did I realize that the unconscious is a process, and that the psyche is transformed or developed by the relationship of the ego to the contents of the unconscious. In individual cases that transformation can be read from dreams and fantasies.

—*Memories, Dreams, Reflections* p. 209

To one familiar with our psychology, it may seem a waste of time to keep harping on the long-established difference between becoming conscious and the coming to be of the self (individuation). But again, and again, I find that the individuation process is confused with the coming of the ego into consciousness and that the ego is in consequence identified with the Self.

—CW 7 ¶432

In this case colloquium, we will trace the process of individuation (as an archetypal process) experientially, theoretically and symbolically through the clinical process presented in each session. This lens offers the possibility of noting the symbolic aspect of the transformational process, with particular attention to affective transitions, archetypal imagery, dreams and reveries, in essence, the transformation of psyche by the relationship of the ego to the contents of the unconscious.

So that we may develop a sense of continuity and in-depth exploration of the movement of psyche during an analytic treatment, each participant will present ongoing clinical work with the same person for each of the four sessions.

At our first meeting, be prepared to give the initial presentation of the case, including as much as you can of the material described in the case presentation guidelines below. Please keep this

introduction short and concise (5 to 10 minutes), and be ready to continue your presentation using the following suggestions.

In the first (and following meetings) bring detail process notes that recount as closely as possible the significant passages in your work. Your notes should include what you recall of verbal exchanges (as well as affective shifts), the dreams of both therapist and analysand, the analyst's reverie (in the form of feelings, fantasies and images) which occur during, before, and after the session. Include as much detail as possible. Include verbatim in each presentation. It is this detail that will prove to be the gold in your presentation, providing the curious and unusual bit of process that can enrich your understanding of the symbolic nature of the inquiry.

Following each case colloquium candidates will attempt to forge their ongoing understanding of the individuation process in words. Since learning to write about clinical process is a central aspect of this case colloquium, it is necessary to send me your writing before each session (after the first one) for my comments. It is this developing piece of work that will become your final written paper for the class.

For the last meeting only, it is required that you turn in a more polished commentary on the ongoing individuation process in your case which has been built on our on-going discussions of your written work. Remember, the final written case should have as its focus and through line, the symbolic movements of the individuation process of your clinical work during this case colloquium. Please use the reading below to help you define and clarify in your final paper the theoretical ground from which the organization of the clinical process will flow.

Reading: *C.G. Jung: The Fundamentals of theory and Practice* by Elie Humbert. (Begin with Part Two, Chapter IV, "The Individuation Process.")

Case Presentation Guidelines: Appendix

The following are *only guidelines*. Pick and choose from them to emphasize what brings out the most important aspects of your work. These categories are meant to provoke your thoughts and questionings, helping to bring hidden aspects of your work to light. If you have any questions, feel free to e-mail me at drjoangolden@gmail.com. For your final write up in December, I will continually be providing simple guidelines and prompts from which you will be able to weave your final written case summary of 6 double-space pages.

For your initial brief presentation try to place your patient in clear context for us: Include a description of the patient (gender, age, marital status, family situation, employment, education and any other distinguishing characteristics). How did you get this referral? Describe the circumstance that brought the individual into analysis. Give an account of your first meetings with him/or her, attempting to describe the analysand both physically and emotionally. What was the impact on you? Did this change over time? How do you assess this person's coping skills, "ego strengths" and consequently your thoughts about diagnosis, placing him or her in the "objective" categories of science? Is the analysand developmentally where they should be? Place your patient in a social context, describing the analysand's ability to relate to others, evaluate persona. What was your initial, and later sense of him/or her? How would you describe the transference and counter-transference? (Is it intense? Subtle? How does it feel? And how does the information about it come to you—direct statements, intuitive thoughts, images?) Try to describe the personal complexes in the foreground of your work. Is your work with this patient,

primarily ego work, or do you discern teleological process and direction from the unconscious? Does the patient have a sense of the potential symbolic quality of this work? Does the patient present his dreams? If so, pick one or two dreams to help us understand his telos, and your diagnostic assessment. Look carefully into both the subjective and objective aspects of the patient's dreaming, particularly his/her initial dream.

Spring Semester 2020

Fridays

February 7, 2020, March 13, 2020, April 3, 2020, May 8, 2020

Didactic Colloquium: 9AM to Noon

Amplification: an Essential Jungian Clinical Process

Margaret Klenck, MDiv, LP

In this course we will explore the key clinical process of amplification. Jung differentiated his method from Freud's with his insistence that the psyche's images are not code but specific and purposive. His theory of the dominants of the unconscious and the admonition throughout his work to "stick to the image" creates a robust clinical method for us.

By the end of this course, the student should have a working understanding of both the theory and the clinical application of amplification.

Friday, February 7, 2020

Introductory lecture on amplification, setting the parameters of our study together, followed by a discussion of the assigned reading.

Assignment:

Read the Introduction to Jung's book *Children's Dreams: Notes from the Seminar Given in 1936-1940* pages 1-31 and two examples from the seminars themselves:

- von Franz's presentation pages 236-263
- Jaffe's presentation pages 279-299

Friday, March 13, 2020

Lecture and discussion on the *Anatomy of the Psyche* by Edward Edinger, paying close attention to Edinger's use of the amplificatory method.

Assignments:

Read the Introduction and the first two chapters, pages 1-82, plus one other chapter of your choosing. (Each chapter explores one of the alchemical operations.)

Write a 3-5 page paper discussing a clinical case using amplification as your clinical focus. Be prepared to share this case in class as well.

Friday, April 3, 2020

Lecture/discussion of *The Interpretation of Fairy Tales* by M-L von Franz.

Assignments:

Read the entire book.

Bring in an 8-10 page paper applying von Franz's method to any fairytale you choose. Explore

1. How a case you are working in can be amplified by a fairytale, and how that helps in the clinical process.
2. Chose a fairytale and translate it into psychological language/understanding, imagining how it might manifest in a particular clinical situation.

Be prepared to present your paper to the class.

Friday, May 8, 2020

Practicum: We will work together to differentiate "translation," "association" and "amplification," by working through various examples of session texts which I will provide.

Assignment:

Prepare a 8-10 page paper engaging the quote below. Bring examples from your understanding of Jung, von Franz, and Edinger as well as from your clinical work.

Amplification lies at the heart of Jungian process. The word refers to at least three realms of experience: it can be thought of as an attitude, as a natural function of the psyche, and as an explicit technique. (Stebbins)

Bibliography

Edinger, E., *Anatomy of the Psyche*. Open Court Publishing, 1985.

Jung, C.G., *Children's Dreams*, Philemon Series. Princeton University Press, 2008.

Von Franz, M-L, *The Interpretation of Fairytales*. Shambala, 1970.

Case Colloquium: 1PM to 5PM

Margaret Klenck, MDiv, LP

In the first colloquia we will discuss what constitutes a case presentation using a handout which I will provide. While our main focus will be focusing on the amplification of the text of an ordinary session, you will of course be presenting many more aspects of the case. You will follow a single case for the semester. Be prepared to give a 30 minute introduction to this case.

Each class thereafter will focus on two things:

1. Your questions on the material from the morning's didactic as it applies to your clinical work.
2. Case presentations. You will be expected to present each class on the on-going case.